

Trenton Special School District Wellness Policy Assessment

This survey is a tool for measuring compliance with objectives stated in the Trenton Special School District Wellness Plan. For each objective stated, please select the choice that best describes your school's level of compliance.

I. School Wellness Committee and Policy Implementation, Monitoring, Accountability and Community Engagement

Objective:	In Compliance	In the Process of Becoming Compliant	Not Compliant
A committee will convene at least four times per year and be comprised of representatives of all school levels.		X	
The Director of Schools or designee will convene the committee and facilitate development of and updates to the wellness policy and ensure each school's compliance with the policy.	X		
The District will develop to manage and coordinate the execution of the wellness policy.	X		
The District will retain records to document compliance with the requirements of the wellness policy.	X		
The District will actively inform families and the public each year of basic information about this policy, including its content, any updates to the policy and the implementation status.		X	
At least once every three years, the District will evaluate compliance with the wellness policy to assess the implementation of the policy.	X		
The District will actively notify the public about the content of or any updates to the wellness policy annually, at a minimum.	X		

If any topics were marked with a "in the process of becoming compliant" or "not compliant," please explain any steps being taken or any suggestions on how to gain compliance.

We have a new CSH Director and currently are updating forms, etc.

II. Nutrition

Objective:	In Compliance	In the Process of Becoming Compliant	Not Compliant
All schools within the District participate in USDA child nutrition programs.	X		
All school nutrition program directors, managers and staff will meet or exceed hiring and annual continuing education/training requirements in the USDA professional standards for child nutrition professionals.	X		
To promote hydration, free, safe, unflavored drinking water will be available to all students all day and throughout each campus.	X		
The District is committed to ensuring that all foods and beverages available to students on the school campus during the school day support healthy eating.	X		
All foods offered on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards.		X	
Food and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus during the school day.	X		
Nutrition promotion and education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages and by creating food environments that encourage healthy nutrition choices and encourage participation in school meal programs.	X		
The District will teach, model, encourage, and support healthy eating by all students.	X		
The District will include in the health education curriculum a minimum of 12 essential topics on healthy eating.		X	
The District will ensure opportunities for all students to practice healthy eating and physical activity throughout the school day while minimizing commercial distractions.	X		

Nutrition (cont'd)

If any topics were marked with a “in the process of becoming compliant” or “not compliant,” please explain any steps being taken or any suggestions on how to gain compliance.

__We work to guarantee only smart snack compliant items are served.

III. Physical Education and Physical Activity

Objective:	In Compliance	In the Process of Becoming Compliant	Not Compliant
Physical activity during the school day will not be withheld as punishment for any reason.	X		
All students will be provided equal opportunity to participate in physical education classes.	X		
The District will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards.	X		
Health education will be incorporated through guidance and physical education classes in elementary and middle schools. High school students will take and pass at least one health education course.	X		
All elementary schools will offer at least 20 minutes of recess on all days during the school year.	X		
The students will be offered periodic opportunities to be active or to stretch throughout the day on all or most days during a typical school week.	X		
The District will support classroom teachers incorporating physical activity and employing kinesthetic learning approaches into core subjects.	X		
The District offers opportunities for students to participate in physical activity either before and/or after the school day (or both) through a variety of methods.	X		

The District will support active transport to and from school.	X		
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Physical Activity (cont'd)

If any topics were marked with a “in the process of becoming compliant” or “not compliant,” please explain any steps being taken or any suggestions on how to gain compliance.

IV. Other School- based Activities Designed to Promote Wellness

Objective:	In Compliance	In the Process of Becoming Compliant	Not Compliant
The District will continue to develop and enhance relationships with community partners in support of the wellness policy’s implementation.	X		
The District will promote to parents/caregivers, families, and the general community the benefits of and approaches for healthy eating and physical activity throughout the school year.	X		
Schools in the District will implement strategies to support staff in actively promoting and modeling healthy eating and physical activity behaviors.	X		
When feasible, the District will offer annual professional learning opportunities and resources for staff to increase knowledge and skills about promoting healthy behaviors in the classroom and school.	X		

If any topics were marked with a “in the process of becoming compliant” or “not compliant,” please explain any steps being taken or any suggestions on how to gain compliance.

Additional comments about your school's overall compliance:

Name of Person Completing Survey: Lisa Seiber-Garland

Date: 2/4/2024

Relationship to School (parent, board member, student, etc.) School Nutrition Director